There are several ways to import database-like structures (Trackers with their Tracker fields) and data (Tracker items) into your website. This page will give you a quick overview of the related capabilities in Tiki.

**Import Trackers**

There are several ways to import a tracker, its fields and its data:

1st Way: Import Tracker using its structure (own code)

2nd way: Import Tracker using Profile/Yaml code

Export and Import of Tracker Fields

In the **Edit Fields** page (*/tiki-admin_tracker_fields.php?trackerId=*) you need to select all fields you want to export with the checkboxes, then at the bottom there is a dropdown where you select **Export Selected**.
This will open a window with the code you need to copy, then paste in to the *Import Tracker Fields* tab.
Import Tracker data

To import data, you can import data through the other interface:

In order to get the right syntax for the file, you can export your tracker data first, so that you can see an example of how columns are data are formatted. See Export Trackers.
Use from remote sources

You can alternatively use tracker data from remote sources through the **ODBC** read/write support added in **Tiki23**.

See **ODBC**

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**Related**

- Trackers
- MultilingualTracker
- Export Trackers
- Tracker Tabular
- ODBC

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**Alias names for this page**

Tracker Import | TrackerImport | Import Tracker | ImportTracker | ImportTrackers