PluginList with editable fields

PluginList can have a similar behavior to PluginTrackerFilter and PluginCustomSearch using the following:

So adding `editable="y"` to how you would normally use filtering. Ex.:

```
{filter field="tracker_field_ABC" editable="y"
```

Benefits

- Better performance than PluginTrackerFilter
- Easier to set up than PluginCustomSearch (no need to set up a tpl if you just need a simple filter)

New in Tiki 20: PluginTrackerList To PluginList Converter supports this.
Ref:[https://sourceforge.net/p/tikiwiki/code/71293/]